

Hair Extension Home Maintenance Guide

Congratulations on your
investment!

Here are some of my best tips to help
keep your extensions looking their
best.

Should you have any questions you
don't feel are covered below, please
don't hesitate to reach out to me via e-
mail at alkiggans@gmail.com



WASHING & STYLING

It is important to follow the directions provided to you and only use approved products in order to prevent damage to the extensions and your own hair.

- Always brush hair thoroughly with a wet brush or boar bristle brush before washing. Start brushing at the ends and work your way up.
- Only wash hair 1-2x a week and utilize dry shampoo if needed.
- Use a recommended sulfate free shampoo and conditioner to prolong your color and extensions.
- Separate the top row and top of your hair before you get in the shower. Wash the bottom row, rinse and then let down the top row to wash and condition. Use a Z pattern to wash. Circular motions will cause tangling.
- You have twice as much hair, so rinse twice as much to ensure all product is rinsed out.

WASHING & STYLING

- Towel dry hair with a microfiber towel or t-shirt to prevent friction and frizzing caused by regular towels.
- Use an approved leave in conditioner and heat protectant and only use the wet brush to comb through after applying product.
- Separate rows again and brush individually starting at the ends and working your way up. Hold the hair in one hand (pinched in a pony tail) and brush down.
- Rough dry your hair 80% of the way (no tugging on the extensions with a brush, just use your hands/fingers). DO NOT wash or blow dry your hair upside down as this may cause tangling.
- Use a round brush or wet brush and a small amount of tension to smooth your hair and the extensions the last few minutes to finish the blow dry.

WASHING & STYLING

- Oil your extension hair and natural ends morning and evening.
- Brush hair multiple times throughout the day if able to prevent tangling. Holding the row, brush from the ends and work your way up the hair shaft.
- Always apply a heat protectant prior to using thermal tools and always keep tools away from points of attachment.
- When curling your extensions, run the curling iron through the hair section to lightly smooth the hair once or twice before placing curls. This will give your extensions a more polished look, close the cuticle and prolong the extension hair. Do NOT use your iron higher than 350 degrees.
- Avoid styling products with high alcohol content, as this will dry out the hair.

SLEEPING

- Brush your hair thoroughly before bed.
- Apply recommended oil or serum through your ends.
- Put hair in a low, loose braid or a low pony and secure with a scrunchie to prevent tangling and ensure there is no tension on your scalp.
- Sleep on a silk pillowcase to reduce friction.
- NEVER go to bed with wet hair, this will cause excessive matting and premature slipping of extension hair resulting in the possibility of needing to purchase new extensions.

COLORING

- Serious damage may be caused to your extensions and to your own hair by chemical treatments at home, or by hairstylists not thoroughly familiar with extensions. Coloring the extensions incorrectly can lead to extreme damage and significantly shortening the life of the extension hair.
- All chemical treatments of your own hair should be carried out with a stylist certified in extensions.
- You can never lighten extension hair, if you choose to go lighter, you will need to purchase new hair.

SWIMMING & SUNSHINE

- It is best to avoid getting your hair wet when swimming when you have hair extensions. If you choose to swim, you will want to take the following precautions but be aware it can affect the longevity of your hair extensions:
- Before getting in the pool or ocean, rinse your hair in fresh water, coat your hair with a leave in conditioner or deep conditioner, then braid the hair and secure to prevent tangling.
- Shampoo + condition your hair as soon as possible after getting out of the water.
- Avoid sunscreen touching your extensions. If wearing sunscreen, be sure to have your hair in a bun or pony tail. Sunscreen can have a chemical reaction with extension hair, which results in a strong orange/peach tone in the hair. Avoid sunscreens that contains Avobenzone and Octocrylene.

MAINTENANCE

- As your hair grows, the hand-tied weft, which is attached to the beaded row with your natural hair, will move further away from your scalp. This creates tension on your natural hair which is why it is necessary to return for move ups every 6-8 weeks. Failure to do this may result in tangling and damage to your natural hair.
- After a few washes the extension hair will start to expand and take on a more realistic hair texture feeling more like your own hair.
- If you experience tangling or matting, feel that anything has slipped, is looser than normal grow out, or extreme tension in certain areas, please contact me as soon as possible.

If you have any questions, please contact me at alkiggans@gmail.com